



*How can I support  
Buy Fresh Buy Local Chesapeake Region?*

- By seeking and supporting sustainably produced, local products and quality culinary services
- By attending events such as The Food and Wine Festival at the National Harbor from May 16<sup>th</sup> – 18<sup>th</sup>, 2008 (<http://foodandwinenh.com/>)
- By supporting other groups promoting a local focus
- By visiting the website [www.buyfreshbuylocalcr.org](http://www.buyfreshbuylocalcr.org) for event updates and information (currently under construction but live soon!)
- By purchasing and displaying BFBL-CR stickers
- By financial support through direct contributions

