

# WHERE TO FIND LOCAL FOOD



- 1) **Grocery Stores:** Whole Foods Market, Graul's, My Organic Market, Roots Market, Chesapeake Market. If they don't carry local products, ask them to.
- 2) **Farmers Markets:**
  - a. Maryland: [http://www.mda.state.md.us/md\\_products/farmers\\_market\\_dir.php](http://www.mda.state.md.us/md_products/farmers_market_dir.php)
  - b. Virginia: <http://www.vdacs.virginia.gov/vagrown/>
  - c. Washington DC: [http://www.dchunger.org/Programs/farm\\_market.html](http://www.dchunger.org/Programs/farm_market.html)
- 3) **Community Supported Agriculture Programs:**

## **Maryland**

- ✓ Good Fortune Farm - Seasonal CSA with Delivery to WDC Metro Area Select Sites. (Brandywine)
- ✓ Maryland Certified Organic Growers Cooperative - Community Supported Agriculture serving Baltimore, Annapolis, and Washington. May - October. (Monkton)
- ✓ Backbone Food Farm - Organic Farm and CSA. (Oakland)
- ✓ Karl's Farm - Seasonal CSA offering full and half shares and delivery to WDC area. (Pisgah)
- ✓ Calvert Farm - Organic produce delivered to WDC, Baltimore & Hockessin, Newark, and Wilmington, DE. (Rising Sun)
- ✓ Sandy Spring CSA - Sandy Spring CSA in Sandy Spring, MD. (Sandy Spring)
- ✓ Provident Organic Farm - Organic CSA shares available on Eastern Shore of MD. (Bivalve)
- ✓ Shaw Farms - Shaw Farms grows certified organic fruits, vegetables and herbs. (Columbia)
- ✓ Calvert's Gift Farm - CSA serving Baltimore County. 25 weeks of certified organic produce. (Sparks)
- ✓ Jug Bay Market Garden - Jug Bay Market Garden CSA. (Upper Marlboro)
- ✓ Against the Wind Ranch Natural Beef - Certified Humane, Grass Fed Natural Beef. (Clarksburg)
- ✓ Eco Farms - Certified Organic Farm, just outside the beltway. (Lanham)
- ✓ Cedar Rock Farm/CSA - Cedar Rock Farm. (Mount Savage)

- ✓ Cromwell Valley CSA - 28 weeks of organically-grown produce. (Parkville)
- ✓ Jamine Farm - CSA providing Organic Veggies only 20 miles from DC. (Glenwood)
- ✓ Homestead Farm - Experience certified organic. (Millington)
- ✓ Summer Creek Farm - Summer Creek Farm - USDA Certified Organic Farm, CSA.

## Where to Find Local Food

### Virginia

- ✓ Gaddy's Organics - Organic Vegetables for Danville, Virginia. (Dry Fork)
- ✓ Piedmont Organics - Piedmont Organics VA CSA. (Linden)
- ✓ Blue Ridge Center for Environmental Stewardship - Homegrown & natural produce and flowers. (Purcellville)
- ✓ Olin-Fox Farms - Olin-Fox Farms Family of Fine Farms More than 10 Farms in and around the Northern Neck of Virginia. (Reedville)
- ✓ Bull Run Mountain Organic Farm - A CSA farm. (The Plains)
- ✓ Tree and Leaf CSA - CSA for Loudoun County and DC. (Waterford)
- ✓ Whaleyville Farms - Whaleyville Farms. (Suffolk)
- ✓ Pampatike Organic Farm - Pampatike Organic Farm. (King William)
- ✓ Stoneybrook Farm - Stoneybrook Farm in Loudoun Co., VA Organic Vegetables. (Hillsboro)
- ✓ Radical Roots - Organic Permaculture Farm with a CSA and Farmer's Market. (Keezletown)
- ✓ Ceo Maidin Feirm - Local, Organic Family Farm & CSA in Williamsburg, VA. (Toano)
- ✓ Seven Springs Farm - Southwest Va. CSA. (Check)
- ✓ Stoney Lonesome Farm - Stoney Lonesome Farm CSA. (Gainesville)
- ✓ Majesty Farm - Providing Foods for the Family from a perspective of sustainable local agriculture. (North Garden)

### Other people with good sites & information:

Raw DC: <http://rawdc.org/dc/fruitDC.html>

FRESHFARM Markets: <http://www.freshfarmmarkets.org/resources>

(I had to mention my site, of course!! We put a lot of work into developing a really solid resources list)

Edible Chesapeake Magazine: <http://www.ediblechesapeake.com/content/index.php>  
FREE!! At Whole Foods Markets, local farmers markets, etc. Subscribe and support a local publication!